

DOMAIN I: PHYSICAL DEVELOPMENT, HEALTH AND SAFETY

Preschool CONTENT STANDARDS Preschool programs provide children with opportunities to:	HELDS	HELDS standard
Standard 1: Develop health awareness and skills.	PHM.KE.n	Can explain that some foods help their bodies to grow and be healthy
	PHM.KE.m	With reminders, washes hands before eating, after toileting, after using tissues
	PHM.KE.f	Name a physiological indicator that accompanies moderate to vigorous physical activities (e.g. "I feel tired", feels increase in heart rate, etc.)
	PHM.KE.h	Name a social or emotional benefit of participating in physical activities
	PHM.KE.i	Participate in physical activities
Standard 2: Learn and follow basic safety rules.	PHM.KE.o	Can articulate what to do in an emergency (call 911; fire procedures [evacuate, stop, drop, roll])
	PHM.KE.p	Recognize everyday dangers (stove, knives, matches, medicine) and follows rules regarding them
Standard 3: Acquire basic self help skills.	PHM.KE.k	Manage routines, i.e. dressing self, using toilet alone, using utensils
	PHM.KE.l	Identify and attend to personal hygiene needs
	PHM.48-KE.g	Ask for help when hurt
Standard 4: Increase sensory awareness.	GK.KE.r	Explore different kinds of matter (e.g. wood, metal, water) and describe by observing properties (e.g. visual, aural, textural)
Standard 5: Develop strength and coordination of small muscles.	PHM.KE.d	Use small, precise finger and hand movements (e.g. string small beads; cuts small pictures; uses small Legos)
	PHM.KE.e	Has more control while holding writing/drawing tools with a three-point finger grip
Standard 6: Develop strength and coordination of large muscles.	PHM.KE.c	Sustain balance during complex movement experiences (e.g. hop across the playground; attempt to jump rope, etc.)
	PHM.KE.b	Throw/Kick/Catch ball with a full range of motion and control
	PHM.KE.a	Coordinate complex movements in play and games (e.g. runs quickly, changes direction, stops, starts again, skips)

## DOMAIN II: PERSONAL AND SOCIAL DEVELOPMENT

Preschool CONTENT STANDARDS Preschool programs provide children with opportunities to:	HELDS	HELDS standard
Standard 1: Understand and express feelings appropriately.	SE.KE.j	Express emotions through socially appropriate actions and words
	SE.KE.i	Recognize and describe own feelings
	SE.KE.i	Regulate emotions and begin to show self-control in handling frustration and disappointment
Standard 2: Begin to develop a sense of self.	SE.KE.g	Show satisfaction in accomplishments
	GK.KE.gg	Use self-identifying information (e.g. name, age, etc.) in situations outside the classroom
Standard 3: Develop social skills and positive peer and adult relationships.	SE.KE.a	Sometimes use appropriate social conventions in greetings, in introductions, and in conversations
	SE.KE.e	Show respect and recognize the feelings of others and the causes of their reactions
	SE/LA.KE.b	Observe and use appropriate ways of interacting in a group of 2 to 3 children (e.g. taking turns in talking, listening to peers, waiting until someone is finished, asking questions and waiting for an answer, gaining the floor in appropriate ways)
	SE.KE.c	Use turn-taking in conversations and in play
Standard 4: Develop a positive and open approach to learning.	AL.48-KE.b	Plan and pursue a variety of challenging tasks
	AL/LA.KE.d	Begin to think problems through, considering several possibilities and analyzing results
	AL.KE.c	Sustain work on age-appropriate, interesting tasks, can ignore most distractions and interruptions
	AL/LA.KE.a	Show eagerness to learn about a variety of topics and ideas
Standard 5: Acquire behaviors and skills expected in school.	SE.KE.h	Follow routines for care of own belongings and school supplies
	AL.48-KE.g	With assistance, locate information on identified topics using resources provided by teacher
	SE.KE.f	Follow schedule and typical classroom routines (come when called, sit attentively at circle, participate in clean-up)

## DOMAIN III: COMMUNICATION, LANGUAGE DEVELOPMENT AND LITERACY

Preschool CONTENT STANDARDS	HELDS	HELDS standard
Standard 1: Use language in a variety of ways.	LA.KE.g	With prompting and support, retell a simple story in sequence
	LA.KE.hh	Are understood by most adults and peers
	AL/LA.48-KE.e	Retell experiences in order, providing details
	LA.KE.ff	Recall 3 or 4 items removed from view
	LA.KE.gg	Listen and respond attentively to conversations (e.g. engaging in at least 3 exchanges, pose questions and listen to the ideas of others, share experiences when asked)
Standard 2: Listen with comprehension to a variety of spoken forms of language.	LA.KE.j	Respond appropriately to statements, questions, vocabulary, and stories
	LA.KE.kk	Describe and tell the use of many familiar items
	LA.KE.dd	Tell detailed stories that refer to other times and places
Standard 3: Acquire increasingly rich vocabulary and sentence structure.	LA.KE.ii	When speaking: Use a variety of nouns, verbs, and descriptive phrases in meaningful contexts (vocabulary)
	LA.KE.jj	When speaking: Use a variety of sentence structures from simple to more complex in meaningful contexts (sentence structure)
Emergent Reading and Writing		
Standard 4: Recognize and use symbols.	LA.KE.cc	Plan and then use drawings, constructions, movements, and dramatizations to represent ideas
	LA.KE.aa	Recognize and “read” familiar words or environmental print
Standard 5: Enjoy and understand books.	LA.KE.p	Listen actively as an individual and as a member of a group to a variety of age-appropriate informational texts read aloud
	LA.KE.m	Pretend to read, using intonation and referring to images in the illustrations
	LA.KE.l	Know some features of a book (title, author, illustrator)
	LA.KE.r	Identify parts of a book (e.g. front cover, back cover, spine, etc.)
	LA.KE.n	Identify story-related problems, events, and resolutions during conversations with adult
	LA.KE.i	Identify characters and recall major events in a story
Standard 6: Show interest in writing.	AL/LA.KE.h	Experiment with a variety of writing tools and surfaces
	LA.KE.bb	Add detail to drawings and other products with simple descriptive words, letters or letter forms

Preschool CONTENT STANDARDS	HELDS	HELDS standard
Standard 7: Acquire concepts of print.	LA.KE.s	Show understanding that sequence of letters represents a sequence of spoken sounds (e.g. asks how to spell a word)
	LA.KE.ee	Begin to use sound spelling (e.g. use initial sound of word to write word; write several sounds heard in word)
	LA.KE.u	Recognize and name 10 upper and lower case letters
	LA.KE.q	Practice tracking from top to bottom and left to right with scaffolding
Standard 8: Acquire emergent literacy skills while exploring print in books and the environment	LA.KE.z	Identify some letters in own name
	LA.KE.t	With guidance and support, segment words in a simple sentence by clapping and naming number of words in a sentence
	LA.KE.v	With adult support, generate rhyming words
	LA.KE.w	Clap out the syllables in own name
	LA.KE.x	With guidance and support, match the initial sound of spoken words
	LA.KE.y	Associate 3 or more letters with their sounds

## DOMAIN IV: COGNITIVE DEVELOPMENT

Preschool CONTENT STANDARDS	HELDS	HELDS standard
<b>Symbolic Play</b>		
Standard 1: Represent fantasy and real-life experiences through pretend play.	LA.KE.k	Begin to demonstrate an understanding of the differences between fantasy (make-believe) and reality
Standard 2: Engage in sustained symbolic play with other children.	AL/LA.KE.f SE.KE.d	Use knowledge of everyday experiences to apply to a new situation Shares materials, toys, and ideas during play
<b>Mathematics</b>		
Standard 1: Learn about number, numerical representation, and simple numerical operations.	GK.KE.a	Verbally count to 20 by ones
	GK.KE.b	Demonstrate ability to count in sequence
	GK.KE.c	Recognize and name written numerals to 10
	GK.KE.d	Count many kinds of concrete objects and actions up to 10 using one-to-one correspondence
	GK.KE.e	Count as many as 7 things in a scattered configuration with no errors
	GK.KE.g	Use a range of strategies, such as counting, subtracting, or matching to compare quantity in two sets of objects and describes the comparison with terms such as more, less, greater than, fewer, or equal to
Standard 2: Recognize and create patterns and become aware of relationships.	GK.KE.j	Sort, classify, and serialize (puts in a pattern) objects using attributes, such as color, shape, or size
	LA.KE.II	With guidance and support, use word relationships to sort, classify, and serialize (puts in a pattern) objects using attributes, such as color, shape, or size
	GK.KE.f	Recognize, create, and repeat simple patterns
Standard 3: Develop concepts of shape and space.	GK.KE.m	Create & represent 3-dimensional shapes (e.g. ball/sphere, square/box/cube, tube/cylinder using various manipulative materials such as play-dough, popsicle sticks, blocks, pipe cleaners, pattern blocks)
	GK.KE.k	Use positional words to describe an object's location (e.g., up, down, above, under, inside, outside)
	GK.KE.l	Recognize and name common shapes, their parts, and attributes
Standard 4: Develop and use measurement concepts.	GK.KE.h	Recognize the attributes of length, area, weight, and capacity of everyday objects and use appropriate vocabulary (e.g. long, short, light, big, small, wide, narrow)
	GK.KE.i	Compare the attributes of length and weight for 2 objects including: larger/shorter/same length; heavier/lighter/same, holds more, less, same

Standard 5: Represent and interpret data.	LA.KE.o	Identify factual information and events during conversations with adult
Preschool CONTENT STANDARDS	HELDs	HELDs standard
<b>SCIENCE</b>		
Standard 1: Engage in scientific inquiry.	GK.KE.p	Ask and seek out answers to questions about objects and events with the assistance of interested adults
	GK.KE.o	Make predictions about changes in materials or objects based on past experience
Standard 2: Explore physical properties of the world.	GK.KE.s	Explore and describe various actions that can change an object's motion such as pulling, pushing, twisting, rolling, and throwing
Standard 3: Explore characteristics of living things.	GK.KE.t	Investigate, describe, and compare the characteristics that differentiate living from non-living things
	GK.KE.u	Observe and describe plants and animals as they go through predictable life cycles
	GK.KE.v	Observe and describe ways in which many plants and animals resemble their parents
Standard 4: Learn about earth and sky.	GK.KE.x	Name any celestial object seen in the day or night sky
	GK.KE.w	Describe and anticipate weather changes
Standard 5: Have a variety of educational experiences that involve technology.	GK.KE.y	Recognize, with assistance, examples of technologies (e.g., knife, pencil, computer, pencil sharpener, refrigerator) at home or in the classroom
	AL.KE.i	Identify technology that can be used to gain information
<b>SOCIAL STUDIES</b>		
Standard 1: Learn about themselves and other people.	SE.KE.k	Communicate personal experiences or interests
Standard 2: Appreciate their own and other cultures.	GK.KE.hh	Talk about, compare, and explore similarities and differences in daily practices across cultures
Standard 3: Become aware of how things, people and places change over time.	GK.KE.z	Recognize calendars and simple timelines
Standard 4: Explore how people depend upon one another for the things (goods) and help (services) they need.	GK.KE.ff	Identify one or two workers and their jobs in the community
	GK.48-KE.cc	Pretend to be a buyer or seller
	GK.KE.ee	Identify buyers and sellers
Standard 5: Understand what people need to do to work and live together in	PHM/GK.KE.q	Discuss examples of rules, fairness, personal responsibilities, and authority in their own experiences and in stories read to them

groups.	GK.KE.dd	Identify people's basic needs and explain how they fulfill them
	PHM.KE.j	Name people in the school or community who provide health support for others
Preschool CONTENT STANDARDS	HELDS	HELDS standard
Standard 6: Develop geographic awareness.	GK.KE.bb	Engage in activities that build understanding of words for locations and direction
Standard 7: Develop awareness of the natural environment and how they can be protected.	GK.KE.aa	Construct and describe simple maps of their classroom or home

## DOMAIN V: CREATIVE DEVELOPMENT

Preschool CONTENT STANDARDS	HELDS	HELDS standard
<b>CREATIVE DEVELOPMENT</b>		
<b>VISUAL ART</b>		
Standard 1: Create and express themselves through a variety of art experiences.	GK.KE.jj	Explore a variety of age-appropriate materials and media to create two and three-dimensional artwork
	GK.KE.ll	Explore how color can convey mood and emotion
Standard 2: Begin to learn about art elements and techniques.	GK.KE.ii	Describe texture, color, and shape in artwork
<b>MUSIC</b>		
Standard 1: Create and express themselves through a variety of music experiences.	GK.KE.oo	Sing songs varying voice and sounds (e.g. high and low, short and long, loud and soft, or fast and slow)
	GK.KE.nn	Sing a variety of songs with repetitive phrases and rhythmic patterns independently and with others
Standard 2: Begin to learn about music elements and techniques.	GK.KE.mm	Play instruments using different beats, tempos, dynamics, and interpretation
<b>CREATIVE MOVEMENT AND DRAMA</b>		
Standard 1: Create and express themselves through a variety of creative movement and drama experiences.	GK.KE.ss	Create characters through physical movement, gesture, sound, speech, and facial expressions
	GK.KE.rr	Express self freely through movement
Standard 2: Begin to learn about movement elements and techniques.	GK.KE.qq	Use body, energy, space, and time to move in a few different ways
<b>AESTHETIC APPRECIATION</b>		
Standard 1: Develop appreciation for natural and cultural beauty and for visual and performing arts.	GK.KE.pp	Identify one source of music that can be heard in daily life
	GK.KE.tt	Develop audience skills by observing performances or artists at work in various aspects of the Arts
	GK.KE.kk	Express an opinion about a work of art