



Domain: Physical Well Being, Health, and Motor Development

Age: 12 Months

Strand	Topic	Code	HELDS Standard
Motor Development	Gross Motor Skills	PHM.12.a	Experiment with different way of moving (e.g. rolls over; crawls, begins to use arms and legs purposefully, etc.)
Motor Development	Gross Motor Skills	PHM/GK.12.e	Reach for objects
Motor Development	Gross Motor Skills	PHM.12.c	Balance while exploring immediate environment (e.g. sits while propped up)
Motor Development	Fine Motor Skills	PHM.12.d	Reach for and hold objects purposefully
Physical Development	Physical Exercise	PHM.12.b	Show alertness during waking periods
Health and Personal Care	Daily Living Skills	PHM/SE.12.f	Show preference for specific adults
Health and Personal Care	Daily Living Skills	PHM/SE.12.g	Notice when parent or primary caregiver leaves